



CLIMB® – Children’s Lives Include Moments of Bravery

A support programme dedicated to helping children cope with a parent’s cancer diagnosis



“I made friends and I learned about cancer”
Child CLIMB participant

[The part of CLIMB my child enjoyed most...]
“Seeing other children who understood what they were going through, taking the fear out of getting cancer themselves”
Parent of CLIMB participant

[The most useful part of CLIMB for my child was...]
“learning strategies regarding handling difficult emotions”
Parent of CLIMB participant

What is the CLIMB programme?

The CLIMB programme is developed for children aged between 5-12 years. It aims to strengthen the children’s abilities to cope with the feelings associated with a parent’s cancer diagnosis and enables them to express their feelings using therapeutic art and play exercises.

When is CLIMB on next?



For more information contact:
The National Cancer Control Programme
King’s Inn House, 200 Parnell St., Dublin 1, D01 A3Y8
E: info@cancercontrol.ie



The CLIMB (Children’s Lives Include Moments of Bravery) programme was founded by The Children’s Treehouse Foundation in 2001 in Colorado.